



The Eagle Express

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Golden Empire Elementary School • Sacramento City Unified School District
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Principal's Corner

It's already November and we have had a terrific start for the school year! Staff, parents, students and community members have all worked hard to hit the ground running. In the classroom, our students at each grade level are immersed in the Common Core standards, our computer-based learning (iReady and iXL) and actively learning about the 7 Habits. Hopefully, at Back-to-School-Night, APTT and if you are volunteering in the classroom, you are catching a glimpse of the work being done in your student's class. You will learn even more about the students' work with the Common Core Standards at your Parent-Teacher-Student conference in November/December.

Parents, thank you for actively participating in your child's education. It is important that your child sees you proactive and involved in their education. We have included suggested Reading and Math tips for home to support your child in this newsletter. Our teachers truly appreciate your support and look forward to working closely with you this year!

I want to thank parents and community members for supporting our annual Jog-A-Thon. The event was a tremendous success and we appreciate the support and positive feedback we received. Tina Warnick and Joan Orr, Co-Coordinator, facilitated a fun, amazing and successful fund raising event! Please visit our PTO Facebook page to learn more about our upcoming events, to stay connected and "Like" Golden Empire Elementary PTO!

The end of this month your child will bring home a letter from their teacher to schedule the parent/teacher/student conference. Conferences and shortened days begin Thursday, November 29 and conclude on December 7. Conferences are a wonderful opportunity for the teacher and family to discuss their observations of the child. They provide an opportunity for parents and teachers to discuss the unique development of each child and the ways that both home and school interactions can assist in each child's academic and social growth. Be sure to schedule a time to meet with your child's teacher. And don't forget, the student is expected to attend the conference, too. Please make every effort to schedule and attend your conference, as this is an important means of staying informed about your child's progress in school. Golden Empire maintains high expectations concerning conferences—I require every teacher to conference with every family in order to maintain a 100% family conference rate. We are the best in the district!

Golden Empire excels at using student data to determine teacher instruction. Your child's teacher will share the following test data at the parent/teacher/student conference:

- Reading assessment scores
- Math assessment scores
- Common Core Standards progress
- Student behavior/citizenship

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Principal's Corner Continued from Page 1

Parents and guardians are so important to helping each child succeed in school. This goes for our volunteers, as well! Golden Empire would not be as successful if it were not for all of the fabulous volunteers we have at our school. Many of you are familiar with the volunteer registration process that the District has implemented. If you are planning on chaperoning for a field trip, you must be fingerprinted by SCUSD and show proof of a negative TB test. The needed forms are in the office.

On behalf of the entire Golden Empire staff I wish all of you a very enjoyable, bountiful and peaceful Thanksgiving Break. We have much to be thankful for here at Golden Empire, particularly for our students, their families, and our great staff.

~ Dr. Irene Eister, Principal



We welcome our new PE teacher on Wednesdays, **Ms. Melissa Ferguson**. Ms. Ferguson joins our staff coming from Davis Unified School District. We welcome her to Golden Empire!



Did you know that all Kaiser Permanente locations which give flu shots give them FREE of charge to ANYONE. A person does not need to be a member of Kaiser to receive a free shot. Their philosophy is that by giving flu shots, they are helping to protect their members along with everyone else. Their days and hours are Monday, Tuesday, Thursday, Friday, and Saturday from 9:00 to 5:00 pm and Wednesdays until 7 pm. It is just a matter of walking in and signing a permission slip. Stay healthy!

Welcome Golden Empire's Flag Football Team!



Golden Empire has joined the SCUSD Elementary School Football League, ready to take on 7 other local elementary schools for the bragging rights of Wolverine League Champion. After intense try-outs, 21 4th, 5th and 6th grade students were selected from more than 60 students to represent Golden Empire. Congratulations to the following team members:

Jaden Battle, Mason Boyer, Michael Calles, Jalaya Cozart, Terrance Elbert, Raymond Epps, Kamryn Ferguson, Timeya Franklin, Taylor Gray, Daniel Kamara, Trayvon Marshall, Tullea McDonald, Joseph Quesada-Veiga, Emilio Ramirez, Baylee Rivera, Melik Scott, Adam Smith, Molly Thomas, Andrew Vang, Karter Williams and Rodrigo Zamora Solis.

Mr. Derrick Turner, Mr. Carl Gayle, and Mr. Elliott Epps, our Team's Coaches, are experienced coaches and former athletes. The coaches have the team practicing, ready to take on the other elementary schools.

All are welcome to come out to watch and support the Golden Empire Team. All games are played at Isador Cohen Elementary's fields. The schedule is as follows. Go Golden Eagles!

Date	Time	Playing Against...
Tues., Nov. 6	3:45 pm	Abraham Lincoln
Wed., Nov. 14	3:45 pm	Hubert Bancroft
Wed., Nov. 28	3:45 pm	James Marshall

Are Your Students “STRIDEing”?



STRIDE is our new district-wide running and fitness program, brought to us by the Sacramento Running Association. It is our goal that STRIDE will help students maintain a healthy and active lifestyle while encouraging them to develop a connection between fitness and fun. All students in 1st through 6th grade have the opportunity to complete laps during their lunch breaks every week. Our school goal is for students to run 17,584 cumulative miles – the distance to Madagascar! Students receive green tokens for every 10 miles they run and gold tokens for every 100 miles, with a celebration being held at the end of the year. Keep “STRIDEing”!



Collect Those Cans & Food Items!

Goal is to Collect 2,000 Items

The KCRA 3 Kids Can Food Drive has been helping to feed hungry families in our community for more than 20 years. October 10 – November 2 Golden Empire students will collect canned and non-perishable food items to benefit the Sacramento Food Bank & Family Services. Each classroom will have their own box to put all of the items in. Last year our families collected 1,829 cans of non-perishable food items for the **Kids Can** campaign. This year’s goal is to collect 2,000 items! The classes who bring in the most items will win a party. Kids Can!

What Are Brag Tags?



Have you seen your student’s new Brag Tags? Brag Tags are sponsored by Golden Empire’s PTO. Brag Tags are plastic laminated tags used to motivate and reward students. Kids love to collect them and display on a lanyard, chain necklace, or on their backpack. These fun, durable tags come in a huge assortment of colorful designs and in a wide range of themes. Every student will receive brag tags throughout the year for accomplishing something special, such as being the Student of the Week, having excellent attendance, having excellent behavior, etc. All students received a school spirit brag tag back in September. Students can collect as many brag tags as possible. Some teachers even have their very own Brag Tags so students can collect tags that are specific to their own grade level. Students can keep these on their backpacks or keep them at home—whatever they choose. We do recommend that the students write their names on the back of the tags with a permanent marker. Should students lose their tags, the original Spirit Tag and chain is available for purchase in the school office for \$1. Keep collecting your Brag Tags!



Join us at
Chipotle
on Saturday,
11/10/18 from
5:00-9:00pm for
a tasty fundraiser!

Loehmann’s Plaza
2517 Fair Oaks Blvd,
Sacramento 95825

All proceeds benefit the GE PTO

Golden Empire Marches Along at Rosemont Homecoming Parade



Golden Empire Elementary once again made their presence known at the 10th Annual Rosemont Parade on October 19. The parade has become an annual event on the afternoon of Rosemont High School's Homecoming football game. Among the elementary schools in the parade, Golden Empire had the most participants! Yeah Golden Eagles! Through cheers and waves, the students were well received by community members who lined

Kiefer Boulevard showing their support. The long walk from Golden Empire to Rosemont High was nothing compared to the sense of pride that all the participants experienced. Great job, Golden Eagles!

Welcome SSC and ELAC Members!

We welcome our new School Site Council (SSC) and English Learner Advisory Council (ELAC) representatives. Parents on both committees work with us to write our school plan, organize parent education opportunities and budget our resources to best meet the needs of our students. Thank you all for your support and assistance!

SSC Members

Brandon Barnum
Jami Ferguson
John Powell
Laura Powell
Gina Silva

ELAC Members

Leticia Aguila
Rosa Carrillo
Salvador Lopez
Maria Salinas
Guadalupe Sanchez
Vivilina Tufi

Medication on Campus



If your child needs to take over the counter medication or a prescription, a medication form filled out by the doctor and parent must be completed. This form is available in the school office. All medication must be in the container in which it was purchased. This includes cough drops, ibuprofen, and cold medication. It must be delivered straight to the office and given to office staff. The medical staff may fax the form to the school at 916.228.5838.



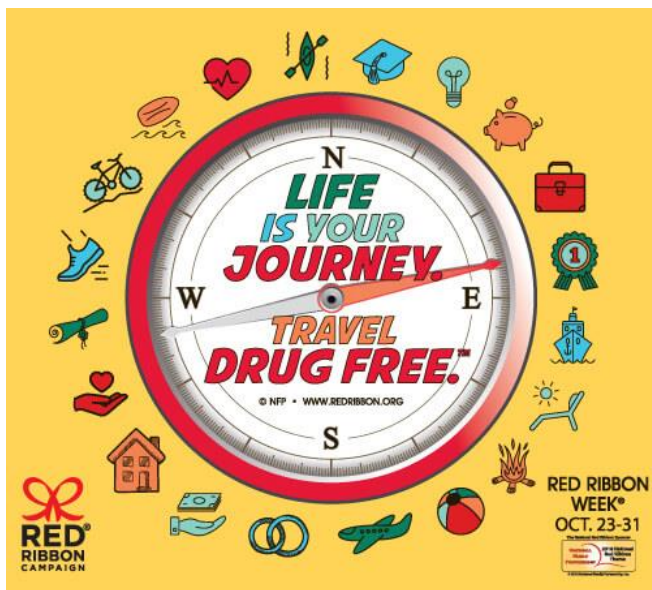
Remember to Sign-In When Entering the Instructional Area

Keeping safety at the forefront at Golden Empire, remember to always sign-in at the front office before entering the school grounds during school hours. Most of our families are well aware of this policy, but it is just a good reminder, as this policy is enforced by Penal Code 627.2. This regulation is to ensure our students and staff are always safe, and to ensure we always know who is on campus in case of an emergency. When you sign in, we will be asking you to wear a visitor's label showing that you have registered in the office. While this is not a new policy, we just have to remind everyone to take this extra step. We appreciate your help and understanding.

Golden Empire Celebrates Red Ribbon Week!

Red Ribbon Week is an ideal way for students and communities to unite and take a visible stand against substance abuse. Each year, most schools—like us—spend some time focusing on the importance of being and staying healthy, making good choices, being strong in character, and the importance of saying no to substance abuse. The Red Ribbon Campaign started in 1985 when drug traffickers in Mexico City were gaining on DEA agents. This began the continuing tradition of displaying Red Ribbons as a symbol of intolerance towards the use of drugs.

Along with the fun activities, students participated in Spirit Days (such as Twin Day, Dress as Your Favorite Character Day and Favorite/Silly Hat Day) and a raffle to be invited to a party hosted by Dr. Eister! During the week, Golden Empire students were treated to a fun, school-wide assembly presented by the River Cats. Students and staff participated in fun exercises, reminders about being strong in character and showing leadership skills and pledged to do their best to live a healthy lifestyle all year long! It was a great time!



Jog-A-Thon

All Jog-A-Thon pledge money
is due on Tuesday, 11/6!

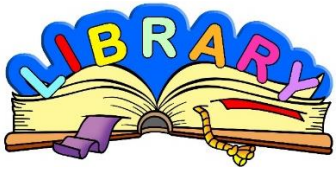
Thank you for supporting the GE PTO!



- To all of the students and families who helped with our Fall Garden Clean-Up Day! The garden looks great thanks to you!
- To all participants who took part in the 10th Annual Rosemont Community Parade. We had a great time, thanks to your efforts!
- To all of the volunteers who helped with the Jog-A-Thon! We were successful because of you and your help!
- To all of our classroom helpers. We couldn't do our work without your support!

Show Your Golden Eagle Spirit!

Each Friday is Eagle Spirit and Pride Day. To show your Eagle Pride, simply wear blue or yellow/gold or your Golden Empire shirt on Friday! If you would like to purchase Eagle Wear, order forms are available in the school office. In-stock items will be sent home with your child within 2 days; items needing to be ordered may take a few weeks for delivery. GO EAGLES!!



With this being my first year serving as the school's librarian, we have been working on establishing goals and expectations in the library. My first goal in the library is to make sure every student finds a book that they love to read. You can help your student accomplish this by providing them with books that are appropriate for their reading levels. Letting them choose a book, either from the library or the book fairs, is a great way for them to find a book that interests them.

My second goal is to help the students learn to respect themselves, their fellow students, and the books here in the library. As we build an environment of respect and trust, your student's confidence will continue to grow both inside the classroom and out.

Along with teaching respect, we are also striving to instill a sense of responsibility in each and every student. This includes taking responsibility for mistakes, and focusing on a plan to correct instead of placing blame. As we focus on these qualities, we will start to see the leader emerge in each and every student. Thank you for all encouraging your students to read and care for their library books.

Nothing can take you farther than a book and your imagination. READ! *-Mr. Lovrin, School Librarian*



I would like to give a big thank you to Tina Warnick and Joan Orr for putting together this year's amazing Jog-A-Thon. It is a lot of work to coordinate class schedules, volunteers, prizes, and tabulate earnings. Their dedication to this event, along with all of the volunteers is what makes this fantastic event so successful! Thank you!

We want to thank everyone for attending our other October fundraisers. First, the SACTOMOFO food truck event. We raised \$150! And our new event this year, Kona Ice! We received \$415!

Save the date for our Chipotle Dine Out Night on Saturday, November 10th, from 5-9pm. Also save the date for our Annual Hand Made Holiday Night on December 11th at 6-8pm. We look forward to these fun PTO events! More information to follow.

Have a safe and wonderful Thanksgiving with your loved ones!

Robin Wilson, PTO President
goldenempirepto@gmail.com

Leader in Me®

Golden Empire is in the 3rd year of implementing the Leader in Me (LIM) program where students are taught and practice the 7 Habits of Highly Effective People. LIM empowers young people to make positive, effective, and responsible choices by introducing and reinforcing the 7 Habits, a set of leadership and life skills from Stephen Covey's book The 7 Habits of Highly Effective People. The LIM provides students with activities that will help them learn practical character and life skills that will lead to those positive choices.

Your student is embarking on an exciting journey and our hope is that you will ask your student how he/she is doing along the way. Having your student re-teach the content to you will give him/her an even deeper understanding and will give both of you an opportunity to learn together! When taught and practiced in a school environment, these 7 habits have been proven to improve academic engagement, comprehension, and performance by strengthening individual work habits and improving social interactions. They help improve student performance and support school success by helping to foster the qualities of independence (goal-setting, organization, time management, and planning); interdependence (teamwork, conflict management, creativity, and analytical skills); and renewal (fun, desire to learn, and good health & hygiene).

The staff at Golden Empire has made the commitment to model and implement the 7 Habits of Highly Effective People in order to provide a caring and nurturing learning environment for our students. Teaching students and developing leaders is what we do! Through the teaching of the 7 habits, our staff is working together with students to create a school that maintains the dignity of children through productive interactions while fostering positive relationships with parents and other community members.

Each month we will focus on one of the seven habits to help our families become more familiar with the habits. Be on the lookout for the next informational Habit flier!

November and December Calendar of Events

Day	Date	Time	Event / Activity	Location
Thursday	11/1	5:00-7:30pm	Fall Scholastic Book Fair	MPR
Friday	11/2		Last Day of Kids Can! Food Drive	Classrooms
Friday	11/2	Lunch Time	Take Your Parent to Lunch Day 5 th & 6 th : 11:30-12:10pm 4 th : 11:45-12:25pm 1 st : 11:55-12:45pm Kindergarten: After 12:00pm dismissal 2 nd & 3 rd : 12:05-12:55pm	Grass Quad
Monday	11/5		Fall Picture Re-take Day	
Tuesday	11/6		Jog-A-Thon Pledge Money Due	
Tuesday	11/6	9:00am	Student Leadership Elections (Grades 4-6)	MPR
Tuesday	11/6	3:45pm	Football Game GE vs. Abe Lincoln	Isador Cohen
Friday	11/9	2:15-3:15pm	Garden Club for Enrolled Students	Library
Saturday	11/10	5:00-9:00pm	Chipotle Fundraiser	Loehmann's Plaza
Monday	11/12		No School – Veterans Day Holiday	
Tuesday	11/13	6:00pm	PTO Meeting	Library
Wednesday	11/14	3:45pm	Football Game Bancroft vs. GE	Isador Cohen
Wednesday	11/14	6:30-8:00pm	Family Math Night	MPR
Mon-Fri	11/19-23		No School - Thanksgiving Break	
Monday	11/26	8:00am	School Resumes	
Wednesday	11/28	3:45pm	Football Game Marshall vs. GE	Isador Cohen
Thurs-Fri Mon-Fri	11/29-12/7		Parent/Teacher/Student Conferences Minimum Day Dismissal – Kinder @ 11:35am, 1 st -3 rd – 12:10pm, 4 th -6 th – 12:19pm	Classroom
Friday	11/30		Last Day of the 1 st Trimester	
Monday	12/3		First Day of the 2 nd Trimester	
Monday	12/10	12:50pm	Spelling Bee (Grades 4-6)	MPR
Monday	12/10	2:30pm	PTO Meeting	Library
Tuesday	12/11	6:00-8:00pm	PTO Hand-Made Holiday Night	MPR
Friday	12/14	8:15am 9:15am 10:30am	3 rd & 4 th - Trimester Awards Assembly 5 th & 6 th - Trimester Awards Assembly 1 st & 2 nd - Trimester Awards Assembly	MPR
Friday	12/14	2:15-3:15pm	Garden Club for Enrolled Students	Library
Mon-Tues	12/17-18	All Day	Puberty Education Parent Review	Nurse's Office
Wednesday	12/19		5 th Grade Puberty Education	Classroom
Thursday	12/20		6 th Grade Puberty Education	Classroom
Friday	12/21		Pajama Spirit Day	
Mon-Fri	12/24-1/4		Winter Break	
Monday	1/7/19	8:00am	School Resumes	

Happy Thanksgiving