



# The Eagle Express

November 2019  
Volume 16, Issue 1

Golden Empire Elementary School • Sacramento City Unified School District  
9045 Canberra Drive, Sacramento, CA 95826 • (916) 395-4580 • goldenempire.scusd.edu

## In This Issue

- Attendance (p.6)
- Calendar of Events (p.7)
- Flag Football (p.3)
- Kids Can! Food Drive (p.4)
- Leader in Me (p.5)
- Medication on Campus (p.4)
- New Staff (p.2)
- PTO News (p.6)
- RHS Homecoming Parade (p.4)
- Red Ribbon Week (p.4)
- STRIDE (p.3)
- Spirit Wear (p.5)
- Stay Informed (p.2)
- Student Responsibility (p.5)
- Thank You (p.3)
- Visitors (p.5)

## Principal's Corner

Happy November! There is excitement in the air during this fall season! Teachers, students and parents are settling in to this new school year. As your principal, I am committed to fostering a tremendous legacy, tradition and vision of Golden Empire Elementary School. I am thrilled to be part a dynamic staff of dedicated, talented, caring and committed educators and am excited to be working with our wonderful student leaders.

Staff, parents, students and community members have all worked hard to hit the ground running. In the classroom, our students at each grade level are immersed in the Common Core standards, our computer-based learning (iReady and iXL) and actively learning about the 7 Habits. Hopefully, at Back-to-School-Night, APTT and if you are volunteering in the classroom, you are catching a glimpse of the work being done in your student's class. You will learn even more about the students' work with the Common Core Standards at your Parent-Teacher-Student conference in November/December.

One of Golden Empire's greatest strengths is our powerful family and community support. As parents, guardians and family, you are your child's first and greatest teacher. Together as a loving school community—family and school—working as a mutually trusted and respected team, we exemplify our belief and philosophy that "It takes an entire village to raise and educate a child."

I want to thank parents and community members for supporting our annual Jog-A-Thon. The event was a tremendous success and we appreciate the support and positive feedback we received. Robin Wilson and Joan Orr, Co-Coordinator, facilitated a fun, amazing and successful fund raising event! Please visit our PTO Facebook page to learn more about our upcoming events, to stay connected and "Like" Golden Empire Elementary PTO!

Soon, your leader will bring home a letter from their teacher to schedule the parent/teacher/student conference. Conferences and shortened days begin Thursday, November 21 and conclude on December 7. Conferences are a wonderful opportunity for the teacher and family to discuss their observations of the child. They provide an opportunity for parents and teachers to discuss the unique development of each child and the ways that both home and school interactions can assist in each child's academic and social growth. But what makes our conferences so special is that they are hosted by your student leader! Each student will lead his/her conference with you and the teacher by your child's side. You will hear about your student's strengths, areas of needed growth, and their WIGs (Wildly Important Goals). Be sure to schedule a time to meet with your child's teacher and remember, your student will also attend to lead the conference. Please make every effort to attend your conference, as this is an important means of staying informed about your child's progress in school. Golden - Continued on Page 2 -

## Principal's Corner Continued from Page 1

Golden Empire maintains high expectations concerning conferences—I require every teacher to conference with every family in order to maintain a 100% family conference rate. We are the best in the district!

Golden Empire excels at using student data to determine teacher instruction. Your child and his/her teacher will share the following data at the parent/teacher/student conference:

- Reading assessment scores
- Math assessment scores
- Common Core Standards progress
- Student behavior/citizenship

On behalf of the entire Golden Empire staff I wish all of you a very enjoyable, bountiful and peaceful Thanksgiving Break. We have much to be thankful for here at Golden Empire, particularly for our students, their families, and our great staff.

~ Dr. Irene Eister, Principal



With the start of a new school year, we want to welcome new staff. We welcome 2 new 6<sup>th</sup> grade teachers: **Mrs. Sarah Lee** and **Mr. Guy Ollison**. Mrs. Lee comes to us from the Modesto area and Mr. Ollison comes to us from Rosa Parks K-8 School, in our district. Our new 5<sup>th</sup> grade teacher, **Mr. Benjamin Kane**, joins us from his last position in the Chico area. **Mrs. Cristina Ridenour** is our new 2<sup>nd</sup>/3<sup>rd</sup> grade teacher, joining us from Abraham Lincoln Elementary. We also have 2 new computer teachers. **Mrs. Tiffany Planchon** comes to us from Phoebe Hearst Elementary and **Ms. Kristal Chacon** comes to us from the Elk Grove School District. We also welcome **Mrs. Ella Tomlin**, our new part-time RSP teacher. And **Ms. Rachel Fischer** is our new speech and language teacher, replacing Ms. De Soto. And while not a new face on our campus, we welcome **Mrs. Kali Young** as our new cafeteria manager! We welcome these new staff members to Golden Empire!



## SSC & ELAC Members!

We welcome our new School Site Council (SSC) and English Learner Advisory Council (ELAC) representatives. Parents on both committees work with us to write our school plan, organize parent education opportunities and budget our resources to best meet the needs of our students. Thank you all for your support and assistance!

### SSC Members

Alison Alexander  
Anisa Cook  
John Powell  
Laura Powell  
Gina Silva

### ELAC Members

Leticia Aguila  
Rosa Carrillo  
Maria Salinas  
Guadalupe Sanchez  
Vivilina Tufi



## We Need Your Email and Telephone Numbers!

Did you know that the school sends out a weekly email message with the week's school events? If you are not receiving these emails, we do not have your current email address. Also, CALIFORNIA EDUCATION CODE 49408 states "For the protection of a pupil's health and welfare, the governing board of a school district will require the parent or legal guardian of a pupil to keep current at the pupil's school of attendance, emergency information including the home address and telephone number, and business address and telephone number of the parents or guardians, and the name, address and telephone number of a relative or friend who is authorized to care for the pupil in any emergency situation if the parent or legal guardian cannot be reached."

Golden Empire requires parents/guardians to update students' emergency cards when there is a change of email, telephone numbers or address. When the school sends out Infinite Campus messages or emergency alerts to all parents, the messages are sent to the phone numbers you provide us on the emergency card. Messages are undeliverable to "bad numbers" or email addresses.

# Welcome Golden Empire's Flag Football Team

Golden Empire has joined the SCUSD Elementary Sports League, ready to take on 8 other local elementary schools for the bragging rights of League Champion. After intense try-outs, 23 4th, 5th and 6th grade students were selected from more than 50 students to represent Golden Empire.

Mr. Derrick Turner, Mr. Elliott Epps, and Mr. Carl Gayle, our Team's Coaches, are experienced coaches and former athletes. The coaches have the team practicing, ready to take on the other elementary schools.

All are welcome to come out to watch and support the Golden Empire Team. All games are played at Isador Cohen Elementary's fields. Go Golden Eagles!



## 2019 Golden Empire Flag Football Team Roster

Jaden Battle, Mason Boyer, Benjamin Couch, Terrance Elbert, Raymond Epps, Kamryn Ferguson, Jelan Fisher, Thaius Harris, Takiyah Haygood, Tullea McDonald, Ricky Morales, Marktavin Nelson Miller, Reginald Page, Joseph Quesada-Veiga, Joshua Quesada-Veiga, Emilio Ramirez, Melik Scott, Maizah Simpson, Korshawn Thomas, Molly Thomas, Savion Thomas, Andrew Vang, and Zay'Vielle Younger-Jones

Date	Time	Playing Against...
Tues., Nov. 6	3:45 pm	Abraham Lincoln
Wed., Nov. 14	3:45 pm	Hubert Bancroft
Wed., Nov. 28	3:45 pm	James Marshall



## Are Your Students "STRIDEing"?

We are now in your second year of STRIDE a district-wide running and fitness program, brought to us by the Sacramento Running Association. It is our goal that STRIDE will help students maintain a healthy and active lifestyle while encouraging them to develop a connection between fitness and fun. All students in 1<sup>st</sup> through 6<sup>th</sup> grade have the opportunity to complete laps during their lunch breaks every Monday and Wednesday. Students receive green tokens for every 10 miles they run and gold tokens for every 100 miles, with a celebration being held at the end of the year. Keep "STRIDEing"!



- To all of the students and families who helped with our Fall Garden Clean-Up Day! The garden looks great thanks to you!
- To all participants who took part in the 11<sup>th</sup> Annual Rosemont Community Parade. We had a great time, thanks to your efforts!
- To all of the volunteers who helped with the Jog-A-Thon! We were successful because of you and your help!
- To all of our classroom helpers. We couldn't do our work without your support!

# Red Ribbon Week

Red Ribbon Week is an ideal way for students and communities to unite and take a visible stand against substance abuse. Each year, most schools—like us—spend some time focusing on the importance of being and staying healthy, making good choices, being strong in character, and the importance of saying no to substance abuse. The Red Ribbon Campaign started in 1985 when drug traffickers in Mexico City were gaining on DEA agents. This began the continuing tradition of displaying Red Ribbons as a symbol of intolerance towards the use of drugs.

Along with the fun activities, students participated in Spirit Days (such as Twin Day, Dress as Your Favorite Character Day and Favorite/Silly Hat Day) and a raffle to be invited to a party hosted by Dr. Eister! During the week, Golden Empire students were treated to a fun, school-wide assembly presented by Master Anna with Karate Kids. Students and staff participated in fun exercises, reminders about being strong in character and showing leadership skills and pledged to do their best to live a healthy lifestyle all year long! It was a great time!



## Medication on Campus

If your child needs to take over the counter medication or a prescription, a medication form filled out by the doctor and parent must be completed. This form

is available in the school office. All medication must be in the container in which it was purchased. This includes cough drops, ibuprofen, and cold medication. It must be delivered straight to the office and given to office staff. The medical staff may fax the form to the school at 916.228.5838.



## GE Marches Along at Rosemont Homecoming Parade

Golden Empire Elementary once again made their presence known at the 11<sup>th</sup> Annual Rosemont Parade on October 18. The parade has become an annual event on the afternoon of Rosemont High School's Homecoming football game. Among the elementary schools in the parade, Golden Empire had the most participants! Yeah Golden Eagles! Through cheers and waves, the students were well received by community members who lined Kiefer Boulevard showing their support. The long walk from Golden Empire to Rosemont High was nothing compared to the sense of pride that all the participants experienced. Great job, Golden Eagles!

## Collect Those Cans & Food Items!

Goal is to Collect 2,000 Items



The KCRA 3 Kids Can Food Drive has been helping to feed hungry families in our community for more than 20 years. October 7 – November 8 Golden Empire students will collect canned and non-perishable food items to benefit the Sacramento Food Bank & Family Services. Each classroom will have their own box to put all of the items in. Last year our families collected 1,432 cans of non-perishable food items for the **Kids Can!** campaign. This year's goal is to collect 2,000 items! The classes who bring in the most items will win a party. Kids Can!

WE ARE A

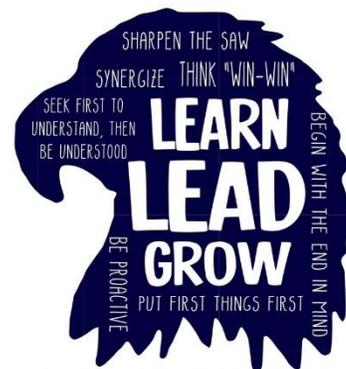
# Leader in Me® SCHOOL

Golden Empire is in the 4<sup>th</sup> year of implementing the Leader in Me program where students are taught and practice the 7 Habits of Highly Effective People. The Leader in Me program (LIM) empowers young people to make positive, effective, and responsible choices by introducing and reinforcing the 7 Habits, a set of leadership and life skills from Stephen Covey's book The 7 Habits of Highly Effective People. LIM focuses on personal leadership. The Leader in Me provides students with activities that will help them learn practical character and life skills that will lead to those positive choices.

Your student is embarking on an exciting journey and our hope is that you will ask your student how he/she is doing along the way. Having your student re-teach the content to you will give him/her an even deeper understanding and will give both of you an opportunity to learn together! When taught and practiced in a school environment, these 7 habits have been proven to improve academic engagement, comprehension, and performance by strengthening individual work habits and improving social interactions. They help improve student performance and support school success by helping to foster the qualities of independence (goal-setting, organization, time management, and planning); interdependence (teamwork, conflict management, creativity, and analytical skills); and renewal (fun, desire to learn, and good health & hygiene).

The staff at Golden Empire has made the commitment to model and implement the 7 Habits of Highly Effective People in order to provide a caring and nurturing learning environment for our students. Teaching students and developing leaders is what we do! Through the teaching of the 7 habits, our staff is working together with students to create a school that maintains the dignity of children through productive interactions while fostering positive relationships with parents and other community members.

Each month we will focus on one of the seven habits to help our families become more familiar with the habits. Be on the lookout for the next informational Habit flier!



## GOLDEN EMPIRE ELEMENTARY

Each Friday is Eagle Spirit and Pride Day. To show your Eagle Pride, simply wear blue or yellow/gold or your Golden Empire shirt on Friday! If you would like to purchase Eagle Wear, order forms are available in the school office. In-stock items will be sent home with your child within 2 days; items needing to be ordered may take a few weeks for delivery. Questions about Eagle Wear? Contact Keri Creeger at [goldenempirepto@gmail.com](mailto:goldenempirepto@gmail.com). GO EAGLES!!



Keeping safety at the forefront at Golden Empire, remember to always sign-in at the front office before entering the school grounds during school hours. Most of our families are well aware of this policy, but it is just a good reminder, as this policy is enforced by Penal Code 627.2. This regulation is to ensure our students and staff are always safe, and to ensure we always know who is on campus in case of an emergency. When you sign in, we will be asking you to wear a visitor's label showing that you have registered in the office. While this is not a new policy, we just have to remind everyone to take this extra step. We appreciate your help and understanding.



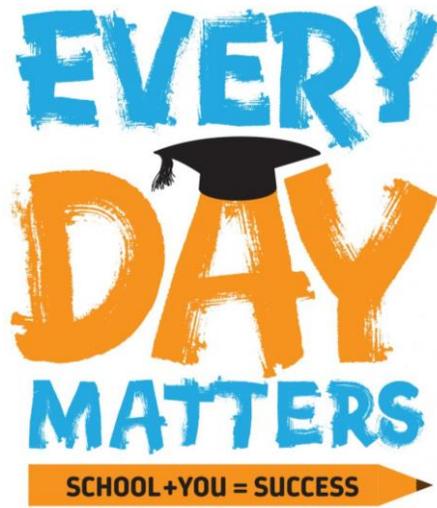
I would like to give a big thank you to Joan Orr for her dedication to our Jog-A-Thon every year! Also a big thank you

to all of our volunteers that come out to support the Jog-A-Thon. We cannot do it without you! Thank you!

We want to thank everyone for attending our other October fundraisers. First, the SACTOMOFO food truck event. It is always fun to see our families out in the community! And Kona Ice! Our final Kona Ice event of 2019 is on Tuesday, 11/12/19. Kona will return in the Spring of 2020.

Save the date for our Chipotle Dine Out Night on Saturday, November 16th, from 5:00-9:00pm. Also save the date for our Annual Hand Made Holiday Night on December 11th at 6:00-8:00pm. We look forward to these fun PTO events! More information to follow. Have a safe and wonderful Thanksgiving with your loved ones!

Robin Wilson, PTO President  
goldenempirepto@gmail.com



It is extremely important that students are at school on time every school day. Our curriculum is challenging, lessons are tightly spaced, and teaching moves very quickly. When students are absent, come to school late, or leave school early, the lessons they miss cannot be made up completely—their education,

schoolwork, and test performance reflect the missed learning experience. (And our school funding is based on attendance!)

Please call our 24 hour attendance line at 916.395.4580 to report your student's absence. You may also use our electronic absence form found on our website: [goldenempire.scusd.edu](http://goldenempire.scusd.edu). If s/he will be absent for more than a day call the school and have your child's teacher prepare a make-up packet. Please call by 12:00 pm and pick up no later than 3:15 pm from the school office. If your child will miss more than 1 week, inform us so we can prepare an individual study packet. Otherwise, you could be in jeopardy of your student being labeled as truant.

If you take your child to a medical appointment please be sure to get an office note to excuse his/her absence. You can also fax this note to us at 916.228.5838.



Join us at Chipotle on Saturday, 11/16/19 from 5:00-9:00pm for a tasty fundraiser!

Loehmann's Plaza  
2517 Fair Oaks Blvd,  
Sacramento 95825

*All proceeds benefit the GE PTO*

**Jog-a-Thon**

All Jog-A-Thon pledge money is due on **Tuesday, 11/6!**

*Thank you for supporting the GE PTO!*

# November and December Calendar of Events

Day	Date	Time	Event / Activity	Location
Friday	11/1		Freaky Friday Spirit Day	
Friday	11/1	Lunch Time	Take Your Parent to Lunch Day 5 <sup>th</sup> & 6 <sup>th</sup> : 11:30-12:10pm 4 <sup>th</sup> : 11:45-12:25pm 1 <sup>st</sup> : 11:55-12:45pm Kindergarten: After 12:00pm dismissal 2 <sup>nd</sup> & 3 <sup>rd</sup> : 12:05-12:55pm	Quad
Monday	11/4		Fall Picture Retake Day	
Tuesday	11/5	9:00am	Student Leadership Election Assembly (Grades 4-6)	MPR
Tuesday	11/5	4:00pm	GE Football vs. Abe Lincoln	Isador Cohen
Thursday	11/7	5:00-7:30pm	Fall Scholastic Book Fair	MPR
Friday	11/8		Last Day of Kids Can! Food Drive	Classrooms
Monday	11/11		No School – Veterans Day Holiday	
Tuesday	11/12	2:02pm	Kona Ice	In Front of School
Tuesday	11/12	4:00pm	GE Football vs. Hubert Bancroft	Isador Cohen
Tuesday	11/12	6:00pm	PTO Meeting	Library
Friday	11/15	2:15-3:15pm	Garden Club for enrolled students	Library
Saturday	11/16	5:00-9:00pm	Chipotle Dine Out Night	Loehmann's Plaza
Tuesday	11/19	6:30-8:00pm	Family Math Night	MPR
Thurs-Fri	11/21-22		Parent/Teacher/Student Conferences Minimum Day Dismissal – Kind. 11:35am 1 <sup>st</sup> -3 <sup>rd</sup> 12:10pm and 4 <sup>th</sup> -6 <sup>th</sup> 12:19pm	Classrooms
Friday	11/22		Last Day of 1 <sup>st</sup> Trimester	
Mon-Fri	11/25-29		No School – Thanksgiving Break	
Monday	12/2		First Day of 2 <sup>nd</sup> Trimester	
Monday	12/2	8:00am	School Resumes	Classrooms
Mon-Fri	12/2-6		Parent/Teacher/Student Conferences Minimum Day Dismissal – Kind. 11:35am 1 <sup>st</sup> -3 <sup>rd</sup> 12:10pm and 4 <sup>th</sup> -6 <sup>th</sup> 12:19pm	Classrooms
Monday	12/9	12:45pm	Spelling Bee Assembly (Grades 4-6)	MPR
Monday	12/9	2:30pm	PTO Meeting	Library
Wednesday	12/11	6:00-8:00pm	Hand-Made Holiday Night	MPR
Friday	12/13	8:15am 9:15am 10:15am	3 <sup>rd</sup> & 4 <sup>th</sup> - Trimester Awards Assembly 5 <sup>th</sup> & 6 <sup>th</sup> - Trimester Awards Assembly 1 <sup>st</sup> & 2 <sup>nd</sup> - Trimester Awards Assembly	MPR
Mon-Tues	12/16-17	7:30am-3:30pm	Puberty Education Parent Review	Office
Wednesday	12/18		5 <sup>th</sup> Grade Puberty Education	Classroom
Thursday	12/19		6 <sup>th</sup> Grade Puberty Education	Classroom
Friday	12/20		PJ & Bedhead Spirit Day	
Friday	12/20	2:15-3:15pm	Garden Club for enrolled students	Library
Mon-Fri	12/23-1/3		No School – Winter Break	

 Happy Thanksgiving